

Middlesbrough Council provides the catering at Rose Wood Academy and the meals are excellent!

The menu is varied with plenty of choice and we offer hot and cold meals daily. Before your child starts full time school parents are given the opportunity to try a school meal with their child. Payment for school meals must be made on a **Monday morning** using dinner money envelopes provided by the school office or class teacher or via parentpay at www.parentspay.com. If you think your child is entitled to free school meals please speak to a member of the office team who can help you with this.

Primary School Menu / Week commencing : 13 July 2015

Day	2 Main Traditional Choices	Popular Fare & Vegetarian (1 of each dish daily)	Salad Bar	Maximum 3 Fresh Vegetables Daily	Potato/Pasta Choices	Traditional Sweet containing fruit base as much as possible	Choices of Melon boats; grape/fruit pots; fresh fruit; cheese/biscuits; yoghurt/biscuits/other
Monday	Fish in Batter	Cheese Pasties	Mixed Wraps	Peas	Chips	Iced Sponge	Every day there is a selection of: Traybakes Jellies Cakes Yoghurts Cheese & biscuits Fresh fruit Milk or water available
	Corned Beef Pie	Fish Fingers	Tray Meats Salmon	Beans Carrots	Pasta New Jacket + fillings & salad	Rice Pudding	
Tuesday	Chicken Curry & Rice	Pizza	Mixed Wraps	Peas	New Roast	Apple Crumble	
	Sausage Rolls	Cheesy Pasta	Salmon Tray Meats	Sweetcorn Carrots	Wedges Jacket + fillings & salad	Sponge	
Wednesday	Roast Dinner & Yorkshire Pudding	Cheese Pasty	Mixed Wraps	Peas	New Mash	Cheese Cake	
	Mince & Dumplings	Fish Goujons	Tray Meats Salmon	Broccoli Carrots	Pasta Jacket + fillings & salad	Macaroon Tart	
Thursday	Spaghetti Bolognese	Omelettes	Mixed Wraps	Peas	Mash	Sweet Buns	
	Mince & Dumplings	Pizza	Tray Meats Salmon	Carrots Beans	Roast Pasta Jacket + fillings & salad	Ice Cream	
Friday	Lasagne	Sausages	Mixed Wraps	Peas	Mash	Bakewell Tart	
	Cottage Pie	Quiche	Tray Meats Salmon	Carrots	New Pasta Jacket + fillings & salad		